



Getting the Word Out...

William E. Painter, Jr.

The Center for Mental Health Services (CMHS) GAINS Center

2010 National Conference

Orlando, FL March 17-19, 2010

“Family Centered Treatment - An EBP Model that Creates Sustainable Change”

William E. Painter, Jr., Senior Director, Organizational Development, Institute for Family Centered Services, presented at the 2010 Center for Mental Health Services National Conference. The conference was held in Lake Buena Vista, FL, March 17-19, 2010.

This year’s conference is presented by the National Council for Community behavioral Healthcare. The National Council and its members are committed to creating and sustaining healthy and secure communities, achieved through a system that holds the needs of consumers paramount, regardless of their ability to pay.

The CMHS National GAINS Center is a resource and technical assistance center for state and community planning and coordination among the mental health, substance abuse, and criminal justice systems. The GAINS Center focuses on the application of science to services and the documentation and promotion of evidence-based and promising practices in program development. The GAINS Center is funded by SAMHSA’s Center for Mental Health Services and operated by Policy Research Associates, Inc., of Delmar, NY.

Mr. Painter discussed how home-based services have become the primary method of public intervention for troubled youth. “Most models are client centered,” he said, “resulting in poor outcomes without impacting the family. This EBP model incorporates practice experiences for the families in treatment, focused upon enabling internalization of changes.” Presented was a six year study examining outcomes of field implementation of FCT. A quasi-experimental research process compared FCT outcomes to those of the secured residential facilities from which youth receiving FCT were diverted. FCT performed at least as well as residential programs at a substantially lower cost.