



Getting the Word Out...

Lee “Bob” Smith and Stephanie Hudak

“Solutions for a Healthy Florida”

**The Florida Council for Community Mental Health (FCCMH) and
the Florida Psychiatric Rehabilitation Association (FLAPRA)**

Lee “Bob” Smith, LMFT, Director of Training and Development, and Stephanie Hudak, Regional Director, North Broward, both of Institute for Family Centered Services, presented Family Centered Treatment® as part of “Solutions for a Healthy Florida” at the FCCMH and FLAPRA 49th Annual Conference in Naples Florida. The November, 2008 conference was a jam packed 2-day event filled with educational and networking opportunities in the field of mental health. Participants gained knowledge from a wide array of ground breaking concepts and evidence-based practices towards real-world solutions.

The Florida Council for Community Mental Health (FCCMH), formed in 1958, is a statewide association of 70 community-based mental health and substance abuse agencies. Member agencies provide a range of services, including emergency services, residential treatment, outpatient services and rehabilitation and support services.

Mr. Smith and Ms. Hudak’s presentation of the Family Centered Treatment® model provided answers and valuable new ideas to therapists at all levels, including skilled and seasoned ones, who often seem to lose their ability to be effective when in the home environment. The Family Centered Treatment® model, developed by the Institute for Family Centered Services as their primary treatment of youth at risk of out of home placement, addresses and provides solutions to many of the challenges that are created by this intensive work environment. It is unique in that it was developed out of the practice, making it very practical, tested and formulated into a theory.