



Virginia Department of Juvenile Justice

Institute for Family Centered Services, Inc. (IFCS) Community Based Transitional Services Program (294) Population Characteristics and Treatment Outcomes June 2003 - June 2005 DRAFT

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The Institute for Family Centered Services, Inc. (IFCS) provides services to youth and their families through the Virginia Department of Juvenile Services *Community Based Transitional Services Program (294)*. This program provides services to youth and the families of youth who are transitioning back into to their communities following long-term placements in juvenile correctional centers. Transitional services include aiding re-entry into the home/family, schools, and social and work settings, linking the youth and family with other community services, and re-lapse prevention. All clients and their families receive IFCS' intensive in-home Family Centered Treatment™. Community-Based Sex Offender Treatment and Sex Offender Treatment programs are also provided where needed.

Population characteristics and treatment outcomes are summarized in the table below for the 44 clients discharged between June 2003 and June 2005. Clients were predominantly male, ranging in age between 14 and 20 years. Seventy-one percent of clients had at least one family member with a history in the legal system, and 89% of clients had committed at least one felony offense prior to admission into IFCS services.

Upon discharge, after accounting for attrition due to relocation and refusal of services, 82% of clients had successfully completed the program and been reunited with their families or transitioned into independent living. Only 16% of youth had been placed out of their home or maintained their out of home placement. Over all school-aged clients, 89% were enrolled in school or alternative educational programs. IFCS also maintains a database on new charges for clients; 81% of youth did not incur new charges while in the program, 74% did not incur new charges during the first six months following discharge, and 100% did not incur new charges for the second six months following discharge.

It is important to recognize the potential impact of services on the siblings of the identified clients. Because the entire family participates in services, the 66 siblings of the youth served under this contract were incorporated into treatment at no additional cost. As treatment decreases risk factors and increases protective factors for all siblings, future savings result as siblings are less likely to become offenders themselves.

Population characteristics and Treatment Outcomes June 2003 - June 2005	Proportions
Clients served	44
Mean age	17 years
Race Distribution (% White/Black/Hispanic)	27/61/7
% Male	82%
# siblings served	66
% clients with history of out of home placement	100%
% of clients have family member(s) with history in legal system	71%
% clients with felony offenses prior to admission	89%
Discharge Status	
% Remaining in community	82%
- % Maintaining Family Placement/Reunited with Family	77%
- % Successfully transitioned to Independent Living	5%
% Placed out of Home/Maintained Out of Home Placement	16%
% Runaway	3%
Average length of treatment	4.4 months
% of youth enrolled in school at discharge	89%
% of youth who did not re-offend while in program	81%
% of youth who did not re-offend during first 6 months following discharge	74%
% of youth who did not re-offend during second 6 months following discharge	100%